



Medicare-Covered Preventive Care Services

Medicare covers preventive care whether you're in Original Medicare or a Medicare Advantage plan. If you have Original Medicare, you pay no coinsurance or deductible for certain preventive services if you see a doctor who participates in Medicare. Medicare Advantage plans must also cover the full cost for preventive services that are free under Original Medicare as long as you follow the plan's rules.

Preventive Services Covered with No Deductible or Coinsurance

Service	Service and Frequency	Date Last Received	Next Date Covered
Welcome to Medicare Preventive Visit	A one-time visit with your primary care provider designed to map out your health needs and to help create a preventive services plan or checklist to keep you healthy. Covered if you receive the exam within 12 months of enrollment in Medicare Part B.		
Annual Wellness Visit	A yearly visit in which your primary care provider creates or updates your five- to ten-year prevention schedule based on your risk factors and health. The initial Annual Wellness Visit cannot happen in the same 12 months as the Welcome to Medicare visit. Two Annual Wellness Visits cannot occur in the same 12-month period.		
Abdominal Aortic Aneurysm (AAA)	One-time screening that at-risk Medicare patients may receive if they are referred during their Welcome to Medicare visit.		
Alcohol Misuse Screening and Counseling	Once every 12 months for all people with Medicare. If the annual screening by your primary care provider shows that you misuse alcohol (but are not yet alcohol-dependent), Medicare will pay for up to four, brief counseling sessions every year provided in a primary care setting.		
Breast Cancer	Mammogram screening: Once every 12 months for women age 40+; women between ages 35 and 39 can get one baseline mammogram. Medicare Advantage plans can't require you to get a referral for mammograms.		
	Breast examination: Once every 24 months; if at risk, once every 12 months.		
Cervical Cancer Screening	Pap smear and pelvic examination: Once every 24 months; if at risk, once every 12 months.		
Colon Cancer Screening	Fecal occult blood test: Once every 12 months for people age 50 and older.		
	Colonoscopy: Once every 120 months (or 48 months after a previous flexible sigmoidoscopy) if you are not at high risk. Once every 24 months if you are at high risk.		

Preventive Services Covered with No Deductible or Coinsurance (continued)

Service	Service and Frequency	Date Last Received	Next Date Covered
Colon Cancer Screening (continued)	Flexible sigmoidoscopy: Once every 48 months (or 120 months after a previous colonoscopy) for people age 50 or older who are not at risk.		
Depression Screening	Once every 12 months in the primary care setting.		
Diabetes Screening	Once every 12 months if you have a family history or are at risk for diabetes. Twice a year if you have pre-diabetes.		
Heart Disease	Blood tests to screen for cholesterol, lipid, lipoprotein and triglyceride levels: once every 60 months.		
	Cardiovascular disease risk reduction visit: Once every 12 months. Your primary care provider gives you advice to reduce your risk of heart disease.		
HIV Screening	Screening lab tests. Covered for all people with Medicare once every 12 months or up to three times during a pregnancy.		
Medical Nutritional Therapy	Therapy to help you learn to eat well so you can better manage your illness. With a doctor's referral, people with diabetes, chronic renal disease, or those who have had a kidney transplant in the past 36 months can receive three hours of therapy in the first year and two hours every year thereafter.		
Obesity Screening and Counseling	If you are obese (Body Mass Index of 30 or more), you qualify for intensive behavior counseling in the primary care setting to help you lose weight.		
Osteoporosis Screening	Bone mass measurements: Once every 24 months for people who are at risk for osteoporosis and meet certain requirements.		
Prostate Cancer Screening	Prostate specific antigen (PSA) test: One every 12 months for men age 50 or older.		
Smoking Cessation	Counseling to stop smoking for people without smoking-related illnesses: Covers two quitting attempts per year; each attempt includes four counseling sessions.		
Sexual Transmitted Infection (STI) Screening	STI screening and counseling is free for people with Medicare who are considered high risk.		
	Chlamydia, gonorrhea, syphilis testing: Covered once every 12 months if you meet qualifications or at certain times if you are pregnant if tests are ordered by your primary care provider.		
	STI counseling for at-risk people: Covers up to two individual 20 to 30 minute, face-to-face counseling sessions annually provided in your primary care provider's office.		
Vaccines	Flu Shot: Once a flu season Pneumonia shot: Covered once during a lifetime for most people and more often for people at high risk Hepatitis B shot: Covered for people at medium to high risk		