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First, **contact your doctor.**

Explain to your doctor that your Medicare Part D plan refused to cover your drug because it was not on its formulary. Find out whether your doctor will prescribe a substitute drug that is on your Medicare Part D plan's formulary.

If your doctor believes that you must have the prescribed drug, then ask your doctor to contact your Medicare Part D plan to request an "**Exception**" and to explain why your drug is **medically necessary**.

**NOTE:** You have a **RIGHT** to request an Exception.  
**For questions or advice,**  
**contact the Medicare Part D Unit at**  
**Legal Services for Maine Elders at**  
**1-877-774-7772.**

Get more information about [requesting an Exception](#).

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