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## **How Am I Protected From Discrimination?**

If your boss or landlord discriminates against you because of your age (and you are over 40 years old), you are protected by the federal Age Discrimination in Employment Act and/or the Maine Human Rights Act. If you think you are being discriminated against because of your age, you should talk to an attorney. If you are a Maine resident who is 60 or older, call the Legal Services for Maine Elders Helpline at 1-800-750-5353 to talk to an attorney for free.

If your boss or landlord discriminates against you because of your disability, you are protected by the federal Americans with Disabilities Act and the Maine Human Rights Act. If you think you are being discriminated against because of your disability, you should talk to an attorney. Call the Maine Disability Rights Center at 1-800-452-1948.

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