



Resources

Legal Services for Maine Elders

If you are a Maine resident who is 60 or older and you are facing eviction, having a problem with your landlord, or you need help understanding your rental agreement, call the Legal Services for Maine Elders Helpline: 1-800-750-5353 to talk to an attorney for free.

Pine Tree Legal Assistance

If you under 60 and are being evicted and you need help, the attorneys at Pine Tree Legal Assistance might be able to help. Call 207-774-8211. To find out more about Pine Tree Legal Assistance, visit their website by clicking here.

If your landlord is refusing to return your security deposit, you have some options. For more information about what your rights are with your landlord and your security deposit, and how to protect those rights click here.

If you want more general information about security deposits and what they are, click here.

Disability Rights Center

If you need help with a problem that is related to your disability, call the Disability Rights Center at 1-800-452-1948.

The Office of the Maine Attorney General

The Office of the Maine Attorney General has an example of a model Lease that can be found in Chapter 16 of the Maine Attorney General's Consumer Law Guide. Read that Chapter and see the model Lease by clicking here.

Maine Human Rights Commission

The Maine Human Rights Commission is the agency that makes sure that the Maine anti-discriminatory laws are enforced. If you think you think you are being discriminated against, call the Maine Human Rights Commission at 207-624-6290.

211

Maine Relay 211 is a statewide directory that operates 24/7 and includes listings of home heating resources. From anywhere in Maine, dial 211 to get connected.

United States Department of Housing and Urban Development

To learn more about the Housing Voucher Choice Program, or for more information about housing assistance programs, visit the website for the U.S. Department of Housing and Urban Development by clicking here.

Maine State Housing Authority

The Maine State Housing Authority is a great resource for Mainers who are trying to find quality and affordable housing in Maine. Visit the website for the Maine State Housing Authority by clicking here.

State of Maine Judicial Branch

The State of Maine Judicial Branch has information available about telephone and Zoom video mediation as well as court forms for eviction cases. Visit the State of Maine Judicial Branch website

by clicking here.

Source URL: *<https://mainelse.org/handbook/rental-agreements-tenant-rights/resources>*