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## **Sources of Income & Assistance**

There are several state and federal income assistance programs available to older people. This chapter will talk about these programs.

Each section in this chapter will give you a basic overview of the program, the eligibility requirements, information on what to do if you receive a Notice of Overpayment, and the appeals process. The major federal programs discussed in this chapter are:

1. Social Security
2. Social Security Disability Insurance
3. Supplemental Security Insurance
4. Veterans Benefits
5. Railroad Retirement
6. Pensions
7. Other State benefits

The chapter will also cover “Representative Payee” questions.

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