



Resources

State of Maine Department of Health and Human Services

Adult Protective Services (APS) - Office of Aging and Disability Services

You can call and report your concerns to APS. APS provides and arranges for services to protect incapacitated and dependent adults (age 18 and over) in danger of abuse, neglect or exploitation.

1-800-624-8404 (Nationwide, 24 Hour, toll free)

Maine Relay 711 (TTY, 24/7)

Legal Services for Maine Elders

You can help the older person call the Legal Services for Maine Elders Helpline at 1-800-750-5353.

Legal Services for Maine Elders provides free legal help to Maine residents who are 60 or older.

Sexual Violence Statewide Crisis and Support Line

Immediately following a sexual assault, take whatever steps you can to ensure the older person's safety. You may want to call the statewide sexual assault crisis and support line at 1-800-871-7741 or TTY 1-888-458-5599. When you call, you will be connected to someone nearby who can listen, offer support and information, and help you decide what you want to do next.

Domestic Violence Statewide Helpline

If the older person needs help with a domestic violence situation, call the Helpline at 1-866-843-4357. When you call, you will be connected to someone who can listen, offer emotional support and information, help you with safety planning and help you decide what to do next.

Area Agency on Aging

If you are concerned that the older person is not getting the care that they need, or if they need more support services, the local Area Agency on Aging can help set those up. You can help the older person call the local Area Agency on Aging at 1-877-353-3771.

Maine Council for Elder Abuse Prevention

For more information about the different types of elder abuse, and the various agencies in Maine which are available to provide assistance, visit the Maine Council for Elder Abuse Prevention's website by clicking here.

The National Center on Elder Abuse

The National Center on Elder Abuse (NCEA) is a great resource for people interested in ending elder abuse. For more information on how to help someone you suspect is being abused, mistreated, taken advantage of, or neglected, visit the NCEA "Suspect Abuse" website by clicking here.

Maine Suicide Prevention Program - Hotline

If you are concerned about yourself or about someone else, call the crisis hotline at 1-888-568-1112. If you are not in Maine, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255). For more information, visit the Maine Suicide Prevention Program website by clicking here.