



Resources

Maine Attorney General's Office

If you think you are the victim of a scam or identity theft, call the Maine Attorney General's Office at: [1-800-436-2131](tel:1-800-436-2131).

To learn more about how to avoid mail, internet, and telephone fraud, [visit the website for the Maine Attorney General Consumer Law Guide by clicking here.](#)

Maine Department of Professional and Financial Regulation

If you want to check on a charity before you make a donation, call the Charitable Solicitations Program at [1-207-624-8525](tel:1-207-624-8525).

Maine Bureau of Consumer Financial Protection

For more information on how to protect your money, check out the [Downeaster Guide to Elder Financial Protection](#) by clicking here.

Federal Trade Commission

If you want to report a scam or identity theft, [visit the Federal Trade Commission website by clicking here](#), or call them at: [1-877-438-4338](tel:1-877-438-4338). The FTC has more information about certain types of scams. To learn more, click on any of the links below:

- [Information on Telephone Scams](#)
- [Debt Relief and Credit Repair Scams](#)
- [Catch the Bandit in Your Mailbox](#)
- [Charitable Donation\\$: Give or Take](#)
- [Ditch the Pitch: Hanging Up on Telephone Hucksters](#)
- [Avoid Coronavirus Scams](#)

FTC "Pass It On" to prevent Consumer Scams

The Federal Trade Commission has recently released a series of tools designed as conversation starters on common consumer scams such as:

- [Identity Theft](#)
- [Imposter Scams](#)
- [Charity Fraud](#)
- [Health Care Scams](#)
- ["You've Won" Scams](#)
- [Home Repair Scams](#)
- [Robocall Scams](#)
- [Money Mule Scams](#)
- [Work-at-Home Scams](#)

The Tools Can be found at: <http://www.consumer.ftc.gov/features/feature-0030-pass-it-on>

Legal Services for Maine Elders

If you are a Maine resident who is 60 or older and you think you have been scammed, call the Legal Services for Maine Elders Helpline at: [1-800-750-5353](tel:1-800-750-5353) to talk to an attorney for free.

Better Business Bureau

The Better Business Bureau helps consumers find and recommend businesses, brands, and charities they can trust. [Click here to check out what's been recommended in your area.](#)

National Consumers League: Fraud.org

For more information about things you can do to protect yourself and your loved ones from scams, [visit the website for the National Consumers League by clicking here.](#)

Consumer Financial Protection Bureau (CFPB)

The Consumer Financial Protection Bureau has released two new resources to help older adults protect their identity. [Click here to download or order a copy of the CFPB's Identity Theft Protection Guide.](#) If you would like an educational placemat on identity theft for meal sites, senior centers, and other places older adults gather for meals, [click here.](#)

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