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Being savvy isn't always easy! Learn more about how to avoid becoming a victim of fraud and scams.

Learn how to protect yourself and your Medicare benefits by checking out the websites from the Maine SMP's Be "Scam Smart": Report, Detect, Protect flyer.

The Federal government's Stop Medicare Fraud website provides tips on avoiding scams: <https://www.medicare.gov/forms-help-resources/help-fight-medicare-fraud>

The SMP National Resource Center provides tips for protecting yourself against fraud and scams: <https://www.smpresource.org/>

The Federal Trade Commission provides information on how you can protect yourself and where to report scams if you become a victim: <https://www.consumer.ftc.gov/>

The AARP Fraud Watch Network provides access to information about how to protect yourself and your family from scams. Check them out at [https://www.aarp.org/money/scams-fraud/?cmp=BRD-LNK-REALPOSS-LP1\\_SF\\_N](https://www.aarp.org/money/scams-fraud/?cmp=BRD-LNK-REALPOSS-LP1_SF_N)

Learn how to protect yourself against COVID-19 scams: [COVID Health Scams](#)

Learn how to prevent, detect, and report Medicare fraud, errors, and abuse: [Prevent Medicare Fraud](#)

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