



AARP: Providing information on protecting Medicare and Social Security.
[1-888-687-2277](tel:1-888-687-2277) or <https://www.aarp.org/>

Maine Office of Adult Protective Services: Providing information or help on elder abuse, neglect or exploitation.
[1-800-624-8404](tel:1-800-624-8404) or www.maine.gov/dhhs/oads/aps-guardianship/index.html

Alpha One: Providing programs and services to people with disabilities statewide.
[1-800-640-7200](tel:1-800-640-7200) or www.alphaonenow.org

Aroostook Agency on Aging: Providing information on a variety of aging and disability issues, including Medicare and health care fraud. Serving Aroostook County.
[1-800-439-1789](tel:1-800-439-1789) or www.arostookaging.org

Eastern Area Agency on Aging: Providing information on a variety of aging and disability issues, including Medicare and health care fraud. Serving Penobscot, Piscataquis, Washington and Hancock Counties.
[1-800-432-7812](tel:1-800-432-7812) or www.eaaa.org

Federal Trade Commission: Providing information on a variety of consumer protection issues.
[1-877-382-4357](tel:1-877-382-4357) or www.ftc.gov

Legal Services for Maine Elders: Providing free legal services to Mainers 60 and older.
[1-800-750-5353](tel:1-800-750-5353) or www.mainelse.org

Maine Attorney General: Reporting suspected MaineCare (Medicaid) fraud online at
https://www.maine.gov/ag/crime/crimes_we_prosecute/healthcare_crimes.shtml

Maine Bureau of Insurance: Providing information and assistance on a variety of insurance products and issues in Maine.
[1-800-300-5000](tel:1-800-300-5000) or www.maine.gov/pfr/insurance

Maine DHHS-Office of Aging and Disability Services: Providing information and assistance on aging and disabilities issues in Maine.
[1-800-262-2232](tel:1-800-262-2232) or www.maine.gov/dhhs/oads/index.html

SeniorsPlus: The Area Agency on Aging in Western Maine. Providing information on a variety of aging and disability issues, including Medicare and health care fraud. Serving Androscoggin, Oxford and Franklin Counties.
[1-800-427-1241](tel:1-800-427-1241) or www.seniorsplus.org

Spectrum Generations: The Area Agency on Aging in Central Maine. Providing information on a variety of aging and disability issues, including Medicare and health care fraud. Serving Kennebec, Waldo, Knox, Lincoln, Sagadahoc and Somerset Counties.
[1-800-639-1553](tel:1-800-639-1553) or www.spectrumgenerations.org

Social Security Administration: Providing assistance with Social Security benefits and Medicare enrollment.
[1-877-543-5332](tel:1-877-543-5332) or www.ssa.gov

Southern Maine Agency on Aging: The Area Agency on Aging in Southern Maine. Providing information on a variety of aging and disability issues, including Medicare and health care fraud. Serving Cumberland and York Counties.

1-800-427-7411 or www.smaaa.org

Stop Medicare Fraud: Information from the U.S. Department of Justice on how to prevent Medicare fraud, including information on the latest scams.

<https://www.medicare.gov/forms-help-resources/help-fight-medicare-fraud>.

U.S. Government Site on Medicare: Providing information on a variety of Medicare issues, including the Plan Finder for prescription drug plans and health plans.

1-800-Medicare or www.medicare.gov. To obtain access to *your* Medicare information, go to www.mymedicare.gov to set-up an account.

Western Maine Community Action: Providing information and assistance on the Health Insurance Marketplace in Maine.

1-800-645-9636 or <https://www.enroll207.com>

For information on the Health Insurance Marketplace in Maine via phone, contact Consumers for Affordable Health Care at 1-800-965-7476.

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