

AAAs

Aroostook Area Agency on Aging (Aroostook County) [1-800-439-1789](tel:1-800-439-1789)

Eastern Area Agency on Aging (Hancock, Penobscot, Piscataquis and Washington counties)
[1-800-432-7812](tel:1-800-432-7812)

Seniors Plus (Androscoggin, Franklin, and Oxford counties) [1-800-427-1241](tel:1-800-427-1241)

Southern Maine Area Agency on Aging (York and Cumberland counties, except Brunswick and Harpswell) [1-800-427-7411](tel:1-800-427-7411)

Spectrum Generations (Kennebec, Knox, Lincoln, Sagadahoc, Somerset and Waldo counties, and Brunswick and Harpswell) [1-800-464-8703](tel:1-800-464-8703)

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